

Cir/007/2026-27

Date: 02-07-2026

Dear Parents,

Greetings to you!

Literary Week will be held from **6th July, 2026 to 10th July, 2026**. Students of Nursery to XII will display their talents in various literary and art forms.

Date	Grade	Event	Description
08/07/2026	Nursery	Healthy food dress up	Students will dress up as their favorite healthy fruit or vegetable and say a tiny sentence about their food.
	Prep I, Prep II (Activity)	My healthy plate- show and tell	Students will bring one real fruit, vegetable, or other healthy food item from home and speak 2–3 sentences about its health benefits.
07/07/2026	Grade I (Activity)	The “Healthy me” speaking square	Students will bring one item from home that keeps their body and mind happy and place their item on the red taped Speaker's Square on the desk and speak to the class about it for a minute.
	Grade II (Activity)	The “Eat a Rainbow” color adjective book	Students will create a 5-page Rainbow Booklet. On each page, they will write one sentence using a descriptive adjective and a healthy food noun that both begin with the same letter as the rainbow color shown on that page. They will then follow it with a healthy tip about that food. (Red,Orange/Yellow,Green, Blue/Purple, White).
06/07/2026	Grade III (Activity)	My Object, My Story	Students will bring a health-related object or picture and share its story with the audience. They will speak a few sentences about why they chose the item, how it promotes a healthy lifestyle, and any personal experiences, habits, or lessons connected to it.
	Grade IV (Activity)	Poster Pulse	Students will express the importance of healthy living through art and words. Participants will design eye-catching posters accompanied by meaningful health-related captions that inspire positive lifestyle choices.
	Grade V (Activity)	Wellness Weekly	Students will design a one-page newsletter featuring health tips, an inspiring slogan, and a short article on a wellness-related topic.

07/07/2026	Grade VI (Activity)	Wellness Book Fair (Read to Reset)	A Wellness Book Fair – "Read to Reset" will be set up in the School Library. Students will explore a special collection of books, spend some quiet time reading in the designated reading corner, and write a short review of the section they have read.
09/07/2026	Grade VII (Activity)	Poster Making ("Visions of Wellness")	Students will participate in the Poster Making Activity – "Visions of Wellness" in groups of 3–4 members. Each group will create a poster based on the given theme, using creative illustrations and an original slogan to promote mental well-being and healthy habits.
	Grade VIII (Activity)	Gratitude Graffiti Wall ("Words of Wellness")	Students will participate in the Gratitude Graffiti Wall – "Words of Wellness" in groups of 5–8 members. Each group will create a graffiti wall using chart papers based on the given theme, expressing gratitude, kindness, and positivity through creative artwork, inspiring quotes, poems, and meaningful messages.
10/07/2026	Grade IX (Activity)	Mark of Positivity (Creative Bookmark Making-individual activity)	Students will design an inspiring creative bookmark featuring motivational quotes and positive affirmations based on the themes Healthy Minds, Healthy Lives; Words That Heal; and Mindful Moments.
	Grade X (Activity)	Mind Matters Quiz (house wise quiz)	Students will participate in an exciting quiz on Mental Health Awareness and Positive Psychology Concepts. It is a house wise quiz activity in which you can think critically and earn valuable house points while promoting awareness of mental well-being.
10/07/2026	Grade XI (Activity)	Voices That Inspire (Podcast / Radio Talk)	Students will create a 3–5-minute podcast or radio talk to inspire others on the importance of mental health, healthy habits, and positive living. Through your words you can spread awareness, encourage well-being, and motivate your peers.
	Grade XII (Activity)	Walls That Speak (Wall Magazine)	Students will collaborate to create a vibrant Wall Magazine that celebrates mental wellness through creative writing, art, and real-life stories.

Parents do encourage your ward to take part in the event. Further details about the events will be shared by the respective English Teachers.

We look forward to your support and cooperation,

Best regards,

S/d Principal
Mrs. Srilatha Alva